#### AUTUMNTERM



# Norwood News



ASPIRE, RESPECT and ENJOY

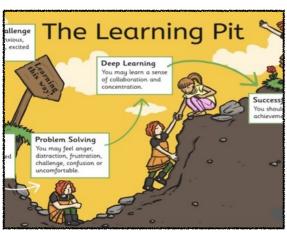
Friday 10th November 2023

### METACOGNITION HAS REALLY GOT NORWOOD THINKING AGAIN THIS YEAR



You should be aware that over the last year we have been developed **metacognition** throughout the school. The aim for us was that we want our pupils to not only gain knowledge but also develop the skills to think about how they learn and how they can overcome problems. This is known as **metacognition**. You may have even seen our Meta Learner dojo.

**Metacognition** is a big word for something most of us do every day without even noticing:



Reflecting on our own thoughts as this is how we gain an insight into our feelings, needs and behaviours - and then we can learn, manage and adapt to new experiences, challenges and emotional setbacks. It's the running conversation we have in our heads, mentally sounding ourselves out and making plans. Training children to use this proactively to overcome obstacles can be a powerful tool.

We have been helping the children understand and develop their own **resilience** through the 'Learning Pit'. This reminds us that new learning is difficult: we may feel like everybody else knows what they are doing and that we are

confused and a bit lost. It also reminds us this is a normal part of learning and with persistence, practice and effort we can climb out of the pit.

This half term we are encouraging the learning behaviour - independence.

### NEXT SET OF CLUBS START ON MONDAY

All new clubs will be starting from Monday 13th November.

#### FAMILY PHOTOGRAPHS REMINDER

The final session of individual photographs of the children is taking place on:

**Monday 13th November** is for children in YR, Y1, Y2, Y5 and Y6.



#### **NEXT WEEK'S SCHOOL MENU is Week 2**

See the Parents section of the school website for full details.



#### TERM DATES - 2024-25 and 2025-26

The term dates for 2024-25 and 2025-26 have been agreed by the Governing Body and are available on the school website.

Parents and carers can start to look at ensuring that holidays are

NOT taken in term time.

## NEXT WEEK'S TASTER OF THE NEW MENU

As mentioned previously, Sefton are starting a new school menu in January and every Wednesday will see small samples being made available.

Next week: Vegetarian Toad-in-the-Hole.

#### THE EGYPTIANS CAUSE GREAT EXCITEMENT FOR YEAR 3



As part of their History curriculum, Year 3 went on a visit to the Atkinson to develop their history skills and knowledge. After being dropped off in Southport by their parents, the children spent the day out being wowed by history. They handled and explored original Egyptian artefacts, used their enquiry skills to explore Egyptian games as well as enjoying a drama activity. The children also had a fabulous time exploring the Egyptian exhibition being led by historians, who were really knowledgable and enthusiastic. Finally the whole group walked back to school for a real full day of learning.

#### YEAR 3 CHILDREN ENJOY THEIR FIRST DODGEBALL TOURNAMENT

After a half term of after school club sessions on dodgeball, Norwood were able to send 2 teams to a tournament held at Stanley High School with 6 other schools. This tiring and very energetic game is very popular in school and always a well attended club. This event was a fun one with a competitive element, the main focus being on playing as a team and being active, with children being celebrated for showing one of the School Games Values. Although everybody had a brilliant time, Robbie was recognised by the Stanley High sport leaders as someone who stood out for his teamwork. Well done to him and especially well done to the Year 3 dodgeballers!

Erin-Rose H, Willow C, Zoe R, Tilda M, Megan R, Connie L, Sarah P, Kobi S-G, Louie G, Ryan M, Theo L, Jacob C, Jude S-R, Findlay H and Robbie F



