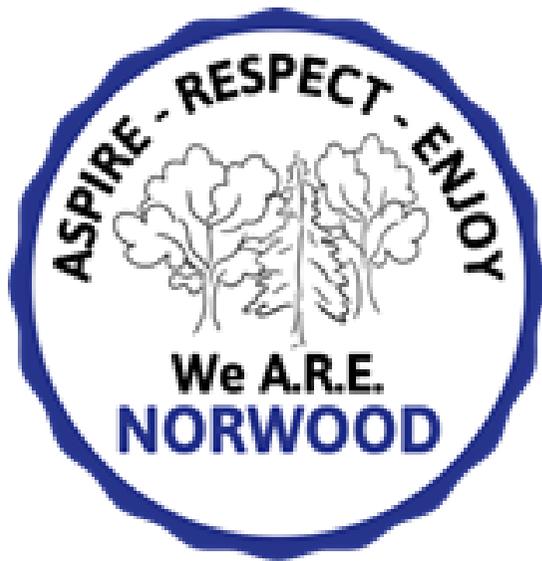


Curriculum Skills and Progression Map

Physical Education – Net and wall games



Key Concepts:

Teamwork

Determination

Self-Belief

Passion

Honesty

Respect

Curriculum Skills and Progression Map

Organisation of knowledge	Believing	Living	Expressing
Relevant ELG	<p>ELG: Gross motor skills</p> <ul style="list-style-type: none"> - Negotiate space and obstacles safely, with consideration for themselves and others. - Demonstrate strength, balance and coordination when playing <p>ELG: Fine motor skills</p> <ul style="list-style-type: none"> - Use a range of small tools, including scissors, paint brushes and cutlery <p>ELG: Self-regulation</p> <ul style="list-style-type: none"> - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate <p>ELG: Managing self</p> <ul style="list-style-type: none"> - Explain the reasons for rules, know right from wrong and try to behave accordingly <p>ELG: Building relationships</p> <ul style="list-style-type: none"> - Work and play cooperatively and take turns with others 		
Vocabulary	See appendix 1		
KS1 readiness objectives	<ul style="list-style-type: none"> • To develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education. • To use their core muscle strength to achieve a good posture. • To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. • To negotiate space and obstacles safely, with consideration for themselves and others. • To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. 		

Programmes of study Year 1	<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities - participate in team games, developing simple tactics for attacking and defending 			
Organisation	Hitting	Feeding	Rallying	Footwork
Progression objectives	<ul style="list-style-type: none"> - explore hitting a dropped ball with a racket. - know to use the centre of the racket for control. 	<ul style="list-style-type: none"> - throw a ball over a net to land into the court area. - know to use an underarm throw to feed to a partner. 	<ul style="list-style-type: none"> - explore sending a ball with hands and a racket. - know that throwing/hitting to my partner with not too much power will help them to return the ball. 	<ul style="list-style-type: none"> - use the ready position to move towards a ball. - know that using a ready position will help me to move in any direction.
Assessment opportunities				

Curriculum Skills and Progression Map

Net/wall	<p>To defend space, using the ready position.</p> <p>To play against an opponent and keep the score.</p> <p>To develop control when handling a racket.</p> <p>To develop racket and ball skills.</p> <p>To develop sending a ball using a racket.</p> <p>To develop hitting over a net.</p>
Vocabulary	See Appendix 1

Programmes of study Year 2	<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities - participate in team games, developing simple tactics for attacking and defending 			
Organisation	Hitting	Feeding	Rallying	Footwork
Progression objectives	<ul style="list-style-type: none"> - develop hitting a dropped ball over a net - know to watch the ball as it comes towards me to help me to prepare to hit it. 	<ul style="list-style-type: none"> - accurately underarm throw over a net to a partner. - know to place enough power on a ball to let it bounce once but not too much so that my partner can't return it 	<ul style="list-style-type: none"> - explore underarm rallying with a partner catching after one bounce. - know that sending the ball towards my partner will help me to keep a rally going 	<ul style="list-style-type: none"> - consistently use the ready position to move towards a ball. - know that using a ready position helps me to react quickly and return/catch a ball.
Assessment opportunities				

Curriculum Skills and Progression Map

Net/wall	<p>To develop racket familiarisation.</p> <p>To develop placing an object.</p> <p>To use the ready position to defend space on court.</p> <p>To develop returning a ball with hands.</p> <p>To develop returning a ball using a racket.</p> <p>To move an opponent to win a point.</p>
Vocabulary	See Appendix 1

Programmes of study	Pupils should be taught to:			
Year 3	<ul style="list-style-type: none"> - use running, jumping, throwing and catching in isolation and in combination - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending - compare their performances with previous ones and demonstrate improvement to achieve their personal best. 			
Organisation	Shots	Rallying	Footwork	
Progression objectives	<ul style="list-style-type: none"> - explore returning a ball using shots such as the forehand and backhand. - know that pointing the racket face/my hand where I want the ball to go and turning my body will help me to hit accurately 	<ul style="list-style-type: none"> - explore rallying using a forehand. - know that hitting towards my partner will help them to return the ball easier and keep the rally going. 	<ul style="list-style-type: none"> - consistently use and return to the ready position in between shots - know that moving to the middle of my court will enable me to cover the most space. 	
Assessment opportunities	N/A			
Vocabulary	See Appendix 1			

Curriculum Skills and Progression Map

Programmes of study Year 4	Pupils should be taught to: <ul style="list-style-type: none"> - use running, jumping, throwing and catching in isolation and in combination - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending - compare their performances with previous ones and demonstrate improvement to achieve their personal best. 			
Organisation	Shots	Rallying	Footwork	
Progression objectives	<ul style="list-style-type: none"> - demonstrate technique when using shots playing co-operatively and beginning to execute this competitively - understand when to play a forehand and a backhand and why 	<ul style="list-style-type: none"> - develop rallying using both forehand and backhand with increased technique. - know that moving my feet to the ball will help me to hit in a more balanced position therefore increasing the accuracy of my shot. 	<ul style="list-style-type: none"> - begin to use appropriate footwork patterns to move around the court. - know that getting my feet in the right position will help me to balance before playing a shot 	
Assessment opportunities				
Tennis	<p>To develop hitting the ball using a forehand.</p> <p>To develop returning the ball using a forehand.</p> <p>To develop the backhand and understand when to use it.</p> <p>To work co-operatively with a partner to keep a continuous rally going.</p> <p>To use simple tactics in a game to outwit an opponent.</p> <p>To demonstrate honesty and fair play when competing against others.</p>			
Vocabulary	See Appendix 1			

Programmes of study Year 5	Pupils should be taught to: <ul style="list-style-type: none"> - use running, jumping, throwing and catching in isolation and in combination - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending - compare their performances with previous ones and demonstrate improvement to achieve their personal best. 			
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Curriculum Skills and Progression Map

Organisation	Shots	Serving	Rallying	Footwork
Progression objectives	<ul style="list-style-type: none"> - develop the range of shots used in a variety of games. - know which skill to choose for the situation e.g. a volley if the ball is close to the net 	<ul style="list-style-type: none"> - develop the range of serving techniques appropriate to the game - know that serving is how to start a game or rally and use the rules applied to the activity for serving. 	<ul style="list-style-type: none"> - use a variety of shots to keep a continuous rally. - know that playing the appropriate shot will help to keep the rally going. Know that control is more important than power to keep a rally going 	<ul style="list-style-type: none"> - demonstrate effective footwork patterns to move around the court. - know that using small, quick steps will allow me to adjust my stance to play a shot.
Assessment opportunities	N/A			
Vocabulary	See Appendix 1			

Programmes of study Year 6	Pupils should be taught to: <ul style="list-style-type: none"> - use running, jumping, throwing and catching in isolation and in combination - play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending - compare their performances with previous ones and demonstrate improvement to achieve their personal best. 			
Organisation	Shots	Serving	Rallying	Footwork
Progression objectives	<ul style="list-style-type: none"> - demonstrate increased success and technique in a variety of shots. - understand the appropriate skill for the situation under pressure 	<ul style="list-style-type: none"> - serve accurately and consistently - begin to apply tactics when serving e.g. aiming to serve short on the first point and 	<ul style="list-style-type: none"> - successfully apply a variety of shots to keep a continuous rally. - understand how to play different shots depending 	<ul style="list-style-type: none"> - demonstrate a variety of footwork patterns relevant to the game I am playing. - know that using the appropriate footwork will help me to react to a ball quickly

Curriculum Skills and Progression Map

	e.g. choosing to play the ball short over the net if I have just moved my opponent to the back of the court	then long on the second point.	on if a rally is co-operative or competitive	and give me time to prepare to play a shot
Assessment opportunities				
Tennis	<p>To develop the forehand groundstroke.</p> <p>To be able to return the ball using a backhand groundstroke.</p> <p>To develop the volley and understand when to use it.</p> <p>To develop the volley and use it in a game situation.</p> <p>To develop accuracy of the underarm serve. To learn to use the official scoring system.</p> <p>To work co-operatively with a partner and employ tactics to outwit an opponent.</p>			
Vocabulary	See Appendix 1			

See Appendix 1

