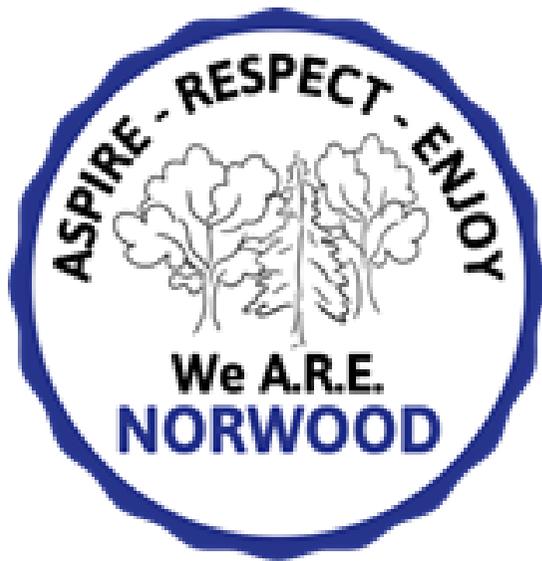


Curriculum Skills and Progression Map

Physical Education – Striking and Fielding



Key Concepts:

Teamwork

Determination

Self-Belief

Passion

Honesty

Respect

Curriculum Skills and Progression Map

Organisation of knowledge	Striking	Fielding	Throwing and catching
Relevant ELG	<p>ELG: Gross motor skills</p> <ul style="list-style-type: none"> - Negotiate space and obstacles safely, with consideration for themselves and others. - Demonstrate strength, balance and coordination when playing <p>ELG: Fine motor skills</p> <ul style="list-style-type: none"> - Use a range of small tools, including scissors, paint brushes and cutlery <p>ELG: Self-regulation</p> <ul style="list-style-type: none"> - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate <p>ELG: Managing self</p> <ul style="list-style-type: none"> - Explain the reasons for rules, know right from wrong and try to behave accordingly <p>ELG: Building relationships</p> <ul style="list-style-type: none"> - Work and play cooperatively and take turns with others 		
Vocabulary	See appendix 1		
KS1 readiness objectives	<ul style="list-style-type: none"> • To develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education. • To use their core muscle strength to achieve a good posture. • To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. • To negotiate space and obstacles safely, with consideration for themselves and others. • To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. 		

Programmes of study Year 1	Pupils should be taught to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities			
Organisation	Striking	Fielding	Throwing	Catching
Progression objectives	<ul style="list-style-type: none"> • explore striking a ball with their hand and equipment • understand that the harder I strike, the further the ball will travel 	<ul style="list-style-type: none"> • develop tracking and retrieving a ball • know that throwing the ball back is quicker than running with it 	<ul style="list-style-type: none"> • explore technique when throwing over and underarm • know which type of throw to use to throw over longer distances 	<ul style="list-style-type: none"> • develop co-ordination and technique when catching • know to watch the ball as it comes towards me
Assessment opportunities	<p>To develop underarm throwing and catching and put this into small sided games.</p> <p>To develop overarm throwing.</p>			

Curriculum Skills and Progression Map

	<p>To develop striking a ball with my hand and equipment.</p> <p>To retrieve a ball when fielding.</p> <p>To understand how to get a batter out.</p> <p>To develop decision making and understand how to score points.</p>
Vocabulary	See Appendix 1

Programmes of study Year 2	Pupils should be taught to: master basic movements including running, jumping, throwing and catching , as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities			
Organisation	Striking	Fielding	Throwing	Catching
Progression objectives	<ul style="list-style-type: none"> develop striking a ball with their hand and equipment with some consistency understand the role of a batter. Know that striking quickly will increase the power 	<ul style="list-style-type: none"> develop tracking a ball and decision making with the ball understand that there are different roles within a fielding team. Know to move towards the ball to collect it to limit a batter's points 	<ul style="list-style-type: none"> develop co-ordination and technique when throwing over and underarm know that stepping with opposite foot to throwing arm will help me to balance 	<ul style="list-style-type: none"> catch with two hands with some co-ordination and technique know to use wide fingers and pull the ball in to my chest to help me to securely catch
Assessment opportunities	<p>To be able to track a rolling ball and collect it.</p> <p>To develop accuracy in underarm throwing and consistency in catching when fielding a ball.</p> <p>To develop accuracy with overarm throwing to send a ball over a greater distance and limit a batter's score.</p> <p>To develop striking for distance and accuracy.</p> <p>To develop decision making to get a batter out.</p> <p>To develop decision making when under pressure.</p>			
Vocabulary	See Appendix 1			

Curriculum Skills and Progression Map

Programmes of study Year 3	Pupils should be taught to: <ul style="list-style-type: none"> • Use running, jumping, throwing and catching in isolation and in combination. • Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending. • Compare their performances with previous ones and demonstrate improvement to • achieve their personal best. 			
Organisation	Striking	Fielding	Throwing	Catching
Progression objectives	<ul style="list-style-type: none"> • begin to strike a bowled ball after a bounce with different equipment • know that striking to space away from fielders will help me to score 	<ul style="list-style-type: none"> • explore bowling to a target and fielding skills to include a two-handed pick up • know to look at where a batter is before deciding what to do. • Know to communicate with teammates before throwing them a ball 	<ul style="list-style-type: none"> • use overarm and underarm throwing in game situations • know that overarm throwing is used for long distances and underarm throwing for shorter distances 	<ul style="list-style-type: none"> • catch with some consistency in game situations • know to move my feet to the ball
Assessment opportunities				
Cricket	<p>To develop overarm throwing and catching.</p> <p>To develop underarm bowling.</p> <p>To learn how to grip the bat and develop batting technique.</p> <p>To be able to field a ball using a two handed pick up and a short barrier.</p> <p>To develop overarm bowling technique.</p> <p>To play apply skills learnt to mini cricket.</p>			
Vocabulary	See Appendix 1			

Curriculum Skills and Progression Map

Programmes of study Year 4	Pupils should be taught to: <ul style="list-style-type: none"> • Use running, jumping, throwing and catching in isolation and in combination. • Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending. • Compare their performances with previous ones and demonstrate improvement to • achieve their personal best. 			
Organisation	Striking	Fielding	Throwing	Catching
Progression objectives	<ul style="list-style-type: none"> • develop batting technique with a range of equipment • know that using the centre of the bat will provide the most control and accuracy 	<ul style="list-style-type: none"> • develop bowling with some consistency, abiding by the rules of the game • know that it easier to field a ball that is coming towards me rather than away so set up accordingly 	<ul style="list-style-type: none"> • use overarm and underarm throwing with increased consistency in game situations • understand that being balanced before throwing will help to improve the accuracy of the throw 	<ul style="list-style-type: none"> • begin to catch with one and two hands with some consistency in game situations • know to track the ball as it is thrown to help to improve the consistency of catching
Assessment opportunities				
Rounders	<p>To play different roles in a game and begin to think tactically about each role.</p> <p>To develop the bowling action and learn the rules of bowling.</p> <p>To run around the outside of the bases and make decisions about when to stop and when to run.</p> <p>To field a ball using a two handed pick up and a short barrier.</p> <p>To develop batting technique and an understanding of where to hit the ball.</p> <p>To apply skills and rules learnt to play rounders.</p>			
Vocabulary	See Appendix 1			

Programmes of study Year 5	Pupils should be taught to: <ul style="list-style-type: none"> • Use running, jumping, throwing and catching in isolation and in combination. • Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
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Curriculum Skills and Progression Map

	<ul style="list-style-type: none"> • Compare their performances with previous ones and demonstrate improvement to • achieve their personal best. 			
Organisation	Striking	Fielding	Throwing	Catching
Progression objectives	<ul style="list-style-type: none"> • explore defensive and driving hitting techniques and directional batting • understand that stance is important to allow me to be balanced as I hit 	<ul style="list-style-type: none"> • develop over and underarm bowling technique. Develop long and short barrier and two handed pick up • know that backing up a fielder as a ball is being thrown will help to increase the chances of fielding successfully 	<ul style="list-style-type: none"> • demonstrate good technique when using a variety of throws under pressure • understand where to throw the ball in relation to where a batter is 	<ul style="list-style-type: none"> • explore catching skills (close/deep and wicket keeping) and apply these with some consistency in game situations • understand when to use a close catch technique or deep catch technique
Assessment opportunities				
Cricket	<p>To develop throwing accuracy and catching skills.</p> <p>To develop batting accuracy and directional batting.</p> <p>To develop catching skills (close/deep catching and wicket keeping).</p> <p>To develop overarm bowling technique and accuracy.</p> <p>To develop a variety of fielding techniques and to use them within a game.</p> <p>To develop long and short barriers and apply them to a game situation.</p>			
Vocabulary	See Appendix 1			

Programmes of study Year 6	<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> • Use running, jumping, throwing and catching in isolation and in combination. • Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
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Curriculum Skills and Progression Map

	<ul style="list-style-type: none"> • Compare their performances with previous ones and demonstrate improvement to • achieve their personal best. 			
Organisation	Striking	Fielding	Throwing	Catching
Progression objectives	<ul style="list-style-type: none"> • strike a bowled ball with increasing accuracy and consistency • understand that the momentum and power for striking a ball comes from legs as well as arms 	<ul style="list-style-type: none"> • use a wider range of fielding skills with increasing control under pressure • know which fielding action to apply for the situation 	<ul style="list-style-type: none"> • consistently demonstrate good technique in throwing skills under pressure • consistently make good decisions on who to throw to and when to throw in order to get batters out. • Know that accuracy, speed and consistency of throwing and catching will help to limit a batter's score 	<ul style="list-style-type: none"> • consistently demonstrate good technique in catching skills under pressure • Know that accuracy, speed and consistency of throwing and catching will help to limit a batter's score
Assessment opportunities				
Rounders	<p>To develop the bowling action and understand the role of the bowler.</p> <p>To develop batting technique.</p> <p>To make decisions about where and when to send the ball to stump a batter out.</p> <p>To develop a variety of fielding techniques and when to use them in a game.</p> <p>To develop long and short barriers in fielding and understand when to use them.</p> <p>To apply the rules and skills you have learnt to play in a rounders tournament.</p>			
Vocabulary	See Appendix 1			

