

What's On in Sefton: Autumn Term 1 2022

ADDvanced Solutions Community Network has an online and face-to-face offer to support children, young people, families and professionals in the Sefton area.

Our online offer is delivered using Zoom for Healthcare. If you are using a phone, you will need to download the Zoom app beforehand. The details we request are kept securely and used in line with our privacy policy:

<https://www.addvancedsolutions.co.uk/policies/privacy-policy.html>

If you are accessing our online offer using your mobile phone, please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Our COVID-19 Health & Safety commitment to you for face-to-face attendance

We will:

- Follow government guidance
- Offer hand sanitiser, face masks and face visors, if desired
- Test our team regularly
- Observe social distancing measures

We ask that you:

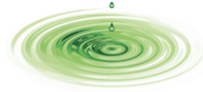
- Follow government guidance
- Do not attend if you have any COVID-19 symptoms
- Respect the venue, and our team's requests around observing COVID-19 health & safety measures
- Follow our registration process
- Observe social distancing measures
- Understand that we may need to limit face-to-face attendance

Community Network Groups

Community Network Groups provide a discussion based opportunity to develop your understanding around neurodevelopmental conditions (NDCs), to ask questions and share learning and experience. You can talk to other parents, the ADDvanced Solutions team and **visiting professionals** who can help and support you.

To attend our face-to-face Community Network Groups, come and join us at the address listed. No need to book, just drop in.

To join an online group, [click the appropriate registration link below.](#)



Monday All Areas Community Network Group

Mondays during term time: 9:30am - 11:00am

Location: Online

[To join online: please click here to register](#)

12th September: Welcome Back: Identifying Problems and Finding Solutions

19th September: Visiting Professional from SENDIASS: independent SEND support for families

26th September: Supporting Transition for your Child with a Neurodevelopmental Condition

3rd October: Looking at the SEND Process in Education

10th October: Benefits: DLA, PIP, Carers Allowance and Family Fund

17th October: Understanding and Supporting Behaviours that Challenge

Sefton Community Network Group

Wednesdays during term time: 12:45pm - 2:45pm

Location: Thornton Wellbeing Centre, Stannyfield Drive, Thornton, L23 1TY

Come and join us, no need to book, just drop in.

14th September: Welcome Back: Identifying Problems and Finding Solutions

21st September: Troubleshooting Challenges around Toileting

28th September: Visiting Professional from the Venus and Star Centre

5th October: Understanding Echolalia

12th October: Overview of Specific Learning Difficulties

19th October: Emotions: What our Bodies are Telling Us

Wednesday All Areas Community Network Group

Wednesdays during term time: 5:00pm - 6:30pm

Location: Online

[To join online: please click here to register](#)

14th September: Introduction to Sensory Processing Difficulties

21st September: Choosing the Right School for your Child

28th September: Exploring Puberty & Neurodevelopmental Conditions

5th October: Visiting Professional from SENDIASS: independent SEND support for families

12th October: Introduction to Tourette's Syndrome

19th October: The Zones of Regulation: Helping your Child to Manage their Emotions



Autism Post Diagnostic Learning Programme

We are delighted to provide an open offer to Liverpool parents and carers, whose child/young person has received a diagnosis of autism (ASD) from Alder Hey NHS Trust, or from either Axia ASD Ltd or Healios via Alder Hey NHS Trust. This is a pilot offer in partnership with Alder Hey NHS Trust, commissioned by NHS Cheshire & Merseyside.

From the selection of Learning Programmes listed for this half term, please choose the appropriate parent/carers programme specific to the age of your child/young person: 3-8 years; 9-13 years or 14-19 years.

Autism Post Diagnostic Learning Programme (Face to Face)

For parents/carers of 14-19 yrs age group

Tuesdays: delivered over 3 weekly sessions.

Location: L31

Monday 3rd October:	9:30am - 2:45pm	Session 1
Monday 10th October:	9:30am - 2:45pm	Session 2
Monday 17th October:	9:30am - 2:45pm	Session 3

Autism Post Diagnostic Learning Programme (Face to Face)

For parents/carers of 9-13 yrs age group

Wednesdays: delivered over 3 weekly sessions.

Location: L12

Wednesday 5th October:	9:30am - 2:45pm	Session 1
Wednesday 12th October:	9:30am - 2:45pm	Session 2
Wednesday 19th October:	9:30am - 2:45pm	Session 3

Autism Post Diagnostic Learning Programme (Online)

For parents/carers of 3-8 yrs age group

Thursdays: delivered over 6 weekly sessions.

Location: Online via Zoom

[Please click here to register for this Learning Programme.](#)

Tuesday 13th September:	6:30pm - 9:00pm	Session 1
Tuesday 20th September:	6:30pm - 9:00pm	Session 2
Tuesday 27th September:	6:30pm - 9:00pm	Session 3
Tuesday 4th October:	6:30pm - 9:00pm	Session 4
Tuesday 11th October:	6:30pm - 9:00pm	Session 5
Tuesday 18th October:	6:30pm - 9:00pm	Session 6



Neurodevelopmental Conditions Family Learning Programme

Next half term, we are providing the opportunity to attend our ND Family Learning Programme online.

Mondays and Wednesdays: six evening sessions (two sessions per week for three weeks)

Our Neurodevelopmental Conditions (ND) Family Learning Programme provides an opportunity for parents and carers to gain understanding and skills about neurodevelopmental conditions including autism and ADHD (pre, during and post-diagnosis) with strategies to support the difficulties that may present:

- Neurodevelopmental conditions/specific learning difficulties and associated mental health difficulties
- Autism Spectrum Disorder/Condition (ASD/C)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Sensory Processing/Integration Difficulties (SPD)
- Supporting behaviours associated with neurodevelopmental conditions
- Your Local Offer, disability welfare rights and special educational needs support including Early Help and Education Health Care Plans

All Areas ND Family Learning Programme (Online)

This online programme will be delivered over six sessions next term.

Monday and Wednesday evenings: 6:30pm - 8:30pm

[Please click here to register for this learning programme](#)

Monday 7th November

Wednesday 16th November

Wednesday 9th November

Monday 21st November

Monday 14th November

Wednesday 23rd November

Sleep Difficulties Learning Workshop (Online)

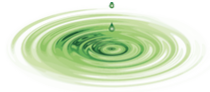
Our trained sleep practitioners will deliver a presentation on sleep difficulties faced by children and young people with neurodevelopmental conditions, and offer suggestions and strategies to improve their sleep routine.

[Please click the appropriate link below to register:](#)

Thursday 13th October

12:00noon - 2:30pm:

[Supporting Sleep Difficulties](#)



Coffee Mornings

We are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please contact the office.



 Follow us on Twitter: @ADDvancedSol

 Follow us on Instagram: @ADDvancedSolutions

 Like us on Facebook: ADDvanced Solutions Community Network

Join our closed Facebook group for parents and carers:

ADDvanced Solutions Community Network Discussion Group

Telephone: 0151 486 1788

For full details and descriptions of the events listed in this 'What's On' newsletter, please visit the What's On section on our website [ADDvanced Solutions Community Network](#) and view the calendar listings.

Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, **we have listed the local area crisis contact details on our urgent support page, which you can find on our website: www.addvancedsolutions.co.uk under the 'Contact' menu option**, where you will also find links to national organisations that can offer support.

Click [HERE](#)